

Catholic Charities Enterprises: DCOA Congregate Halal Meal Service - August 2014

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Curry Chicken on Croissant Lettuce and Tomato Carrot Raisin Salad Cobb Salad w/ Dressing Croissant Mayonnaise/Mustard Packet 100% Orange Juice
4 Curry Chicken Basmati Rice Carrot and Peas Tossed Salad w/ Dressing Pita Bread Margarine 100% Apple Juice	5 Salisbury Steak Rice Asparagus Tossed Salad w/ Dressing Wheat Bread Margarine Banana, Fresh	6 Grilled Chicken w/ Alfredo Sauce Penne Pasta Mixed Vegetables Caesar Salad w/ Dressing Garlic Toast Margarine 100% Grape Juice	7 Grilled Salmon Burger Lettuce and Tomato, Onion Vinaigre French Fries Tossed Salad w/ Dressing Wheat Bun Ketchup, Tartar Sauce Packet Peach Cup	8 Roast Beef Sandwich Lettuce and Tomato Three Bean Salad Cobb Salad w/ Dressing Pumpernickel Rye Bread Mayonnaise/Mustard Packet 100% Orange Juice
11 Chicken Tetrzzini Steamed Zucchini Tossed Salad w/ Dressing Wheat Roll Margarine 100% Apple Juice	12 Spaghetti w/ Meatballs Broccoli Normandy Tossed Salad w/ Dressing Garlic Bread Margarine Mandarin Oranges	13 Beef and Broccoli Fried Rice Caesar Salad w/ Dressing Vegetable Spring Rolls Margarine 100% Grape Juice	14 Oven Fried Chicken Macaroni and Cheese Collard Greens Tossed Salad w/ Dressing Cornbread Margarine Tropical Fruit Cup	15 Turkey on Croissant Croissant Lettuce and Tomato Cobb Salad w/ Dressing Cucumber Salad Mayonnaise/Mustard Packet 100% Orange Juice
18 Oven Fried Cod Sweet Potatoes Green Beans Tossed Salad w/ Dressing Wheat Roll Margarine 100% Apple Juice	19 Chicken Masala Basmati Rice Spinach Tossed Salad w/ Dressing Wheat Bread Margarine Peach Cup	20 Meatloaf Mashed Potatoes w/ Gravy Steamed Broccoli Caesar Salad w/ Dressing Wheat Roll Margarine 100% Grape Juice	21 Oven Fried Flounder Oven Roasted Potatoes Cabbage Tossed Salad w/ Dressing Cornbread Margarine Tropical Fruit Cup	22 Tuna Sandwich Lettuce and Tomato Cucumber Salad Cobb Salad w/ Dressing Wheat Bread Mayonnaise/Mustard Packet 100% Orange Juice
25 BBQ Chicken Sauteed String Beans Cabbage Tossed Salad w/ Dressing Cornbread Margarine 100% Apple Juice	26 Lasagna with Meatsauce Vegetable Medley Tossed Salad w/ Dressing Garlic Bread Margarine Banana, Fresh	27 Grilled Salmon CousCous Curry Vegetable Caesar Salad w/ Dressing Cornbread Margarine 100% Grape Juice	28 Rosemary Chicken Vegetarian Baked Beans Cole Slaw Tossed Salad w/ Dressing Corn Muffin Margarine Mandarin Oranges	29 Turkey Ham and Cheese Lettuce and Tomato Cole Slaw Cobb Salad w/ Dressing Wheat Bread Mayonnaise/Mustard Packet 100% Orange Juice